

GS40ZSID  
VOLUNTEER PROGRAM

# SEA TURTLES INDONESIA



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# INTRODUCTION

**In the world, there are seven sea turtle species, six of which live in Indonesia: Green turtle (*Chelonia mydas*), Hawksbill turtle (*Eretmochelys imbricate*), Olive ridley (*Lepidochelys olivacea*), Leatherback sea turtle (*Dermochelys coriacea*), Flatback sea turtle (*Natator depressus*) Loggerhead sea turtle (*Caretta caretta*).**

According to the Government Regulation (PP) number 7 year 1999 concerning the reservation of Plant and Wildlife, all sea turtles in Indonesia have been protected by law. This means that the trade of sea turtle, both in alive and dead condition and also the trade of the bought products is illegal.

There are three main issues playing in Indonesia regarding the protection for sea turtles in Indonesia;

- Ongoing pollution of the ocean and nesting beaches;
- Badly managed Hatcheries for tourism and;
- The slaughter of sea turtles for consumption and commercial trading of the shells.



# THE PROJECT

**This Sea turtle protection program was set up early 2016. The project's goal is to save sea turtles and their habitat, including the protection of the marine life and nature in the area through direct protection and safeguarding of sea turtle nests, research and education. Therefore beach clean ups are also part of the project, such as recycling plastics obtained through the beach clean ups.**

## Education

The project aims to protect the natural resources in the area and especially sea turtles and sea turtle eggs. Also they educate about the dangers of waste in the sea and especially plastics in the environment.

The project attempts to educate locals, schools, tourists and the media in order to reduce the problem in the future. The project is open for the public who can come and visit the sea turtle protection site and learn about the importance to protect sea turtles.

## Hatchery and education center

To safe guard the sea turtle nests and avoid humans collecting the eggs for consumption, the team goes out at evenings looking for sea turtles laying their eggs and protecting their nests. If needed, eggs will be relocated to the hatchery, depending on the location.

### Hatchery:

The hatchery is a beach area surrounded by natural materials where sea turtle nests are placed after being relocated from other parts on the beaches around. All eggs are placed under the sand in the same depth as they were found, which is measured. Temperature influences the outcome of male / female and therefore it is very important to be done carefully. Sea Turtle eggs will hatch in 50 - 60 days after which the hatchlings are immediately released naturally, Which is vital for them as they need to get to the ocean after hatching and start their new life outside in the open ocean.

### Education Center

The project also has an education center in the area.

### 1. Locals:

Because the local people can have directly affect on this matter, the project hopes to protect sea turtles and marine life by informing and educating them.

### 2. Schools:

The project is also involved in community education on conservation and protection. The staff regularly visits primary-, and high schools, colleges and universities. The project hopes to give the next generation of local people a better understanding of the natural environment.

### 3. Tourists:

The project is also open for tourists to visit and learn about the purposes.

### 4. The media:

Additionally the project has had a steady interest from the media, both local and international, which enables the project to spread out its message over a wider field.





# VOLUNTEERS

## THE PROJECT IS IN NEED OF ALMOST EVERYTHING, SUCH AS EQUIPMENT, PERSONNEL AND FINANCES

By being a volunteer on this project you will support this project's work in:

- With your donation, this contributes to meeting the costs of the day-to-day running of the project. This includes the daily running of the sea turtle patrol team and the educational outreach.
- Funds are also needed for directly related external expenses that arise.
- By participating in the work, you help safeguard the future of sea turtles on Lembata island, Flores.

Note: The projects number one priority is the welfare and care of the animals.

### Period / duration

- You are welcome throughout the year. (Best period Feb - Aug).
- You may arrive any day of the week.
- The minimum of your stay is 1 week (Shorter stays are possible but always in consultation).

### Requirements

No skills or experience is required in animal care and welfare, however:

- Minimum age is 18 years old (unless accompanied by a parent/caregiver);
- A good physical condition;
- Able to communicate in English (or in basic bahasa Indonesia);
- Vaccinations (see medical advise).

### Participatin costs

#### Includes:

- Information and assistance before departure;
- If desired, free estimate of flight options / travel possibilities (the most convenient flights options at a glance);
- Airport pick-up Lembata;
- Transfer to the project site;
- Accommodation with a host family close to the project site during the contracted stay period;
- 3 meals a day and drinking water/coffee/tea;
- A donation to the project;
- T-shirt (received upon arrival);
- Training and supervision on site;
- Administration costs;
- And, of course a very memorable experience!

#### Excludes:

- Flight to and from Lembata Island, Indonesia including airport taxes (Airport taxes will be about 60,000 Rupiah for domestic flights);
- Passport / visa;
- Travel insurance, which is compulsory for all participants and a cancellation insurance;
- Personal expenses like: snacks, refreshments, Internet, souvenirs, excursions, etcetera.





# ACCOMODATION

## VOLUNTEERS STAY AT A LOCAL FAMILY

The project has basic accommodation available for about 4 volunteers at the same time at local people houses. You will live in with a local family where you have your own room, or share your room with another volunteer.

Each bedroom has space for two volunteers. If you will share your room with another volunteer depends on the situation and the number of volunteers who are present at that time.

Bedding is provided and laundered by the project for each volunteer. Volunteers are expected to keep their own room clean and tidy.

Each family has its own bathroom, which is also very basic and will be shared by all occupants of the bungalow. It has an Indonesian toilet and 'Mandi'. There is no hot water available. But because it usually will be warm weather, the water will not be very cold. This water is drawn from a well by pumps and pipes, which bring the water to all the bathrooms and the kitchen.

Volunteers must have a positive attitude towards working and living in a group and will have to accept all responsibilities this way of living entails. Volunteers are also responsible for housekeeping duties.





# THE TASKS

Normally on arrival at Lembata International Airport you will be greeted by the project staff. You will be given a general information booklet and a t-shirt.

You will be brought to the family where you will be staying in the village near the project site.

After arrival at the project site we will explain you about the project and surroundings. Then you will have the whole day to adjust to the beautiful surroundings and the peace and quiet of the village and beautiful beaches.

## THE NEXT DAY THE PROGRAM WILL START, MEANING FOR THE 'EARLY BIRDS';

- **Morning after breakfast**

Visit the project site, check the hatchery and the nests for any possible movements. Return 'home' for lunch.

- **After lunch, at 14.00 o'clock**

Go to the hatchery and check the nests, check if there are any movements. If there are school visits planned: be at the project site on the time scheduled to join and assist the educational talk and activities with the students.

- **At 17.00**

Have an early dinner at the project site and start the beach patrols after sunset. Among other thing:

collecting data on the beach such as tracks and the like, size nests, new sea turtle nests and possibly moving nests to a safer environment;

- **Remark**

Also beach clean-ups can be part of the program. Mornings are also free to go snorkelling/swimming, etcetera.

Normally the best sea turtles season (nesting and hatching) is February - August. The best period for hatching is March, April and May. The lesser period is the rainy season. In this last period the focus is more on education tasks, there will be still patrols, but less chance on nests.



You will work six days a week and have one day off each week. This day off could be any day of the week and not necessarily at the weekend.

During certain periods, depending on the work that has to be done and the number of volunteers at that moment, it's possible to take more days off if you want to. But you have to consider this with the project director.

You can then visit other beautiful areas on the island or enjoy simply a day at the beautiful beach, go diving, etcetera.



**JOIN THE PROJECT WITH AN OPEN MIND, AND A FLEXIBLE ATTITUDE AND YOU WILL LEAVE INDONESIA WITH UNIQUE, SPECIAL AND UNFORGETTABLE MEMORIES!**



# STAFF & TEAM MEMBERS

## THE AWESOME PEOPLE BEHIND THIS PROJECT



The project is managed by Femke, a Dutch citizen and founder of the organization. She is very busy and not always present on site. The field manager is Tinus, a big smiling Indonesian born and raised on the island working at this project since the very beginning. The rest of the staff consists of a small group of full-time Indonesian employees.

The languages spoken at this project are Indonesian and English.

In case there is something for whatever reason, please give notice of it to the local staff in time.





# INDONESIA

**INDONESIA IS A LARGE ARCHIPELAGIC ISLAND COUNTRY IN SOUTH EAST ASIA, LYING BETWEEN THE INDIAN OCEAN AND THE PACIFIC OCEAN.**

## **Project Location**

The project is located in a little village in the the Northwest at Lembata island. Lembata is an island in the Lesser Sunda Islands, formerly known as Lomblen island. It is the largest island of the Solor Archipelago. It forms a separate regency of the province of Nusa Tenggara Timur. The length of the island is about 80 km from the southwest to the northeast and the width is about 30 km from the west to the east. It rises to a height of 1,533 metres.

Lembata has a very rich fauna, both terrestrial as marine. Dugongs, blue whales, manta rays, dolphins, and seaturtles are just some of the species to be reported to be found in its waters.

## **Culture behaviour**

The Indonesian people are very proud of their country and culture, and they expect visitors to show respect to their values and way of life. On the project site it is fine if you wear shorts and t-shirts and swim in bikini, but you won't see most locals doing so.

To abide by local values and customs it is also important that you refrain from public drinking of alcohol at these locations as well. Misuse of alcohol and any use of drugs is prohibited.

Before you enter a house or temple building, take off your shoes please.

## **Climate**

Indonesia's climate is tropical and is divided into two seasons.

### The rain season:

This season, also called monsoon, from October - February, will be the rainy season. It will usually not rain the whole day. Rain falls mostly in the mornings and late evenings. But the sun does shine most of the day and it will be hot and humid. The temperatures will be around 24 - 35 degrees Celcius.

### The warm season:

This season, from February - September, is a long, dry period. The temperatures will be around 29 - 35 degrees Celcius

# TRAVEL INFORMATION



## Flight arrangements

Volunteers have to make their own flight arrangements. We advise you not to book your flight before we have confirmed your participation at the project. If you are unable to arrange your flight yourself for any reason, Global Spirit will be glad to help you. If you would like us to assist you, please fill this in on the booking sheet or send us an email.

## Passport and visa

In general the rule applies that to visit Indonesia you will need:

A valid passport, which must be officially valid, on arrival for at least six months.

You also need a visa. You can arrange a visa on arrival (valid for 30 days), but you have to show the return flight ticket. Whoever wants to stay longer than 30 days has to arrange a visa at the Indonesian embassy or through different visa service agents in your own country. This will usually take a few working days and in more busy periods even longer, pay attention to this. This visa will be valid for 60 days and you are able to renew it through the immigration Department in Jakarta or by visiting a neighbouring country like Singapore or Kuala Lumpur for a day.

As passport and visa requirements vary considerably, please contact the various ambas-

sies or a visa service agent to check visa requirements at least 4 weeks prior to departing.

Please note that passports and visas are the responsibility of the volunteer and that Global Spirit will not be held responsible for clients being denied entry should they not be in the possession of the relevant documents.

## Insurances

Every volunteer is required to have a travel (including medical) insurance policy and cancellation insurance is highly recommended. Without travel (medical) insurance you will not be permitted to work at this project. Global Spirit can help you arrange travel (medical) and cancellation insurance. Please indicate this on the booking form. If you already have an insurance, please send a copy of the policy to Global Spirit.

## Travel and arrival in Indonesia

Please arrange to arrive on and to leave the project base in Lembata island on your confirmed project dates.

Our advice is to fly to Denpasar (Bali) and then take internal flights to the island. Detailed information will be given after your booking.

At arrival in Lembata airport you will meet somebody of the project staff and you will be brought to the project site and the family where you will stay during your participation.





# MEDICAL ADVISE

Because volunteers will work with wildlife in Indonesia and will have direct contact with these animals, they will have to take precautions for their own protection and that of the animals.

Do not visit your local clinic or medical authority later than six weeks before departure.

AS GLOBAL SPIRIT IS NOT A PROFESSIONAL MEDICAL SERVICE, WE ADVISE YOU TO GO TO A LOCAL CLINIC OR MEDICAL AUTHORITY IN YOUR OWN COUNTRY FOR THE APPROPRIATE MEDICAL ADVICE. THIS DOCUMENT IS PROVIDED FOR INFORMATION PURPOSES ONLY.

## Required vaccinations

- DTP
- Hepatitis A

These vaccinations are obligatory for your personal protection

## Recommended vaccinations

- Typhoid
- Hepatitis B (if you stay for a longer period)
- Yellow fever
- Malaria medication

These vaccinations are not required, but are still very important to have. If you don't take them it's on your own responsibility. Global Spirit is not held responsible/liable for any unexpected casualties.

# PERSONAL EQUIPMENT

**WE ADVISE YOU TO BRING AS LITTLE AS POSSIBLE. YOU WILL ESPECIALLY NEED LIGHT, COTTON CLOTHES AND GOOD SANDALS.**

**THE FAMILY WHERE YOU WILL STAY AT PROVIDES BED LINEN AND A TOWEL.**

## Essential items

- Valid passport (and Visa)
- T-shirts for work
- Lightweight trousers
- Flip flops/ sandals
- A hat or cap
- Sunglasses
- Water bottle
- Small backpack
- Toilet articles
- Insect repellent
- Alarm clock
- A good working torch and spare batteries / head torch
- First-aid kit with for example painkillers, plasters and disinfectant)
- Bathing/swimming suit (and snorkel)
- A beach towel
- Sunscreen (it's recommended to use for at least SPF 15/20)
- Your smile!

## Optional items

- A notebook and pencils
- A photcamera / mobile phone
- A compass
- Binoculars
- A lighter
- Mosquito net (recommended)
- Vitamin B (it will be anti mosquito)
- Something against dehydration like ORS (advise: drink a lot of water!)
- Imodium or other ant- diarrhoea medication
- A lightweight waterproof coat
- Leisure clothes
- Some Music
- Books
- Magazines
- Travel games
- Etcetera

## During Monsoons period recommended

- A warm jumper for the evenings
- A raincoat or poncho
- Rubber boots
- Thick socks
- Long trousers





# GENERAL INFORMATION

## PROJECT LOCATION

### Food and refreshments

All meals are included and will be prepared by a family member. The dishes are usually quite spicy and consist mainly of fish and vegetables, tempeh and tahu with rice or noodles. Vegetarian food is easy with the many soybean dishes available. If you have special requests for food, please notify us.

If you want to bring snacks, like crisps, etcetera you should buy this yourself prior departure or buy it in a nearby shop in the village (at your own expense).

Drinking of un-boiled water is not to be recommended. Drink only bottled water! In the house you will be staying there is always water, tea and coffee available.

### Supermarkets / shops

There are small traditional shops in the village. Bigger supermarkets with more choice are only to be found in Lewoleba, the capital of the island.

### Laundry services

Washing clothes happens by hand. There is a lady who can help with washing for an extra financial contribution of about 50,000 Rupiah per kilo.

### Phone and Internet access

Most mobile phones can be used, but for sure we advise you to contact your phone company or phone service in your country. There is internet access available.

### Electricity

Indonesia has electricity of a voltage of 220 Volt (50 Hertz).

### Transport during your stay

On the island the project use mostly motorbikes to get to the beaches and travel by car from Lewoleba to the project site.

### Currency

The monetary unit of Indonesia is the Rupiah. There is an ATM-machine in Lewoleba available.

**LOOKING FORWARD TO MEETING YOU!**



**WEBSITE GLOBAL SPIRIT: [WWW.GLOBALSPIRIT.NL](http://WWW.GLOBALSPIRIT.NL)**  
**IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT US ON [INFO@GLOBALSPIRIT.NL](mailto:INFO@GLOBALSPIRIT.NL)**

**Please note:**

Global Spirit commits itself to offering accurate and correct information at all times, but please keep in mind that information can change and all projects can be subject to change regarding their programs and/or accommodation arrangements. If you find any information in this brochure not to be accurate, please inform us.

Global Spirit is a facilitating organization and does not run its own projects. Therefore, Global Spirit cannot take responsibility whatsoever, for any changes concerning any program we offer. You will participate solely at your own risk and Global Spirit cannot be held liable for any damages, loss, theft, injuries or death before, during or after your stay.

Also note that you are personally responsible for ensuring that passport, visas, vaccinations and/or health certificates and other (travel) documents are in order and for all costs relating thereto. Global Spirit cannot be held liable for clients who get sick by not taking precautions and/or being denied entry, should they not be in the possession of the relevant documents, etcetera